

## **Jr Lancer Girls Basketball Program Participation Guidelines and Waiver & Release of Liability**

The novel Corona virus, COVID-19, is an infectious disease that is extremely contagious and believed to spread mainly from person-to-person contact, including by individuals without symptoms. This disease has been declared a worldwide pandemic by the World Health Organization, and various activities have been curtailed or restricted across the country.

As a result, federal, state and local governments and health agencies recommend the following guidelines:

- Wash hands with soap and water often, and especially after using the restroom, prior to and after handling food and/or drink
- Use alcohol-based hand sanitizers in the absence of wash facilities
- Refrain from touching face – eyes, nose and mouth – with hands
- Cough into your elbow or a tissue – then throw the tissue away
- If you have any of the symptoms associated with Covid please have your child stay home
- Keep at least 6 feet away from others to maintain social distance
- Those in the vulnerable age groups or with underlying medical conditions should protect themselves and not attend an event until the COVID-19 threat has passed.
- Wear a mask while in public or in instances where social distancing isn't possible.

In addition to those general guidelines, Jr Lancer Girls Basketball Program has established the following additional guidelines in connection with voluntary participation in its events:

- Each individual is to bring their own towels, water bottles and food, and keep their bags and items separate from any other participants' items.
- Participants should bring their own hand sanitizer, although some will be available on site.
  - All individuals are required to wear a mask while entering and exiting the facility and players are required to wear a mask while participating.
- Participants and their families must “self-screen” for signs and symptoms of illness before coming to practice and games.
- All participants must follow all mandates set in place by the facility regarding exits, entry and other safety precautions
- When possible, all participants shall respect distancing requirements
- No handshakes, high fives, hand slaps or other forms of contact will be allowed, and team huddles should remain further apart than normal circumstances.
- Do not arrive to practice more than 10 minutes prior to practice.
- Only coaches and players are allowed inside the building during practice times. Parents should drop their child off out in the front of the building and pick them up at the end of practice outside of the building
- A positive case of COVID-19 must be reported by participants, and/or parents/guardians to coaches and a member of the board of directors.
- The Jr. Lancers Girls Basketball Program will follow the guidelines for the School District of Elmbrook and Waukesha County regarding positive cases for contact tracing of exposures.
- By participating, the participant and her parent(s)/guardian(s) acknowledge they are being truthful and honest about any potential exposure to COVID-19 and are responsible for self-exclusion from the event.

Resources:

- <https://www.waukeshacounty.gov/HealthAndHumanServices/PublicHealth/public-health-preparedness/COVID19/>
- <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- <https://www.wiaawi.org/Sports/Winter>
- <https://www.waukeshacounty.gov/covid19>

Until COVID-19 is either eradicated, a vaccine is developed, or a cure is found, there is no way to completely eliminate the risk of infection and as such, the Jr Lancer Girls Basketball Program requires all participants to follow these guidelines. The information in this document is not intended or implied to be a substitute for professional medical advice, diagnosis, or treatment, nor does the Jr Lancer Girls Basketball Program assume any liability or responsibility for the recommendations or guidelines provided here in. Participation in this program is strictly voluntary.

I expressly confirm no one has coerced or required me or my child to participate. Participation by anyone in this program is AT YOUR OWN RISK. There is no participant accident or liability insurance coverage for infectious diseases, and no medical coverage (including COVID-19 testing) will be conveyed. If an individual does not agree to comply with the guidelines for participation, then we will decline entry to the event or facility. The Jr Lancer Girls Basketball Program asks each person to understand the risk of contracting COVID-19 and take responsibility for their own personal care by following the guidelines and social distancing for the safety of themselves, their family, their teammates and all those participating in the program. The Jr Lancer Girls Basketball Program also asks parents to explain the seriousness of this situation and these guidelines to their child(ren) prior to participation.

By signing this agreement:

- I acknowledge the contagious nature of COVID-19, voluntarily agree to the participation terms stated here and in any other documentation provided by the Jr Lancer Girls Basketball Program, whether provided in another document or conveyed onsite during the event, and assume the risk that my child(ren), my family at home and I may be exposed to or infected by COVID-19 while participating in this program.
- I agree that I will take responsibility for the personal protection of my child(ren) and myself when entering the facility and placing my child(ren) or myself in the event.
- I agree to permit my child (and myself) to undergo temperature screenings as a condition for entry to the facility and/or participation in the event.
- I agree to indemnify and hold harmless Jr Lancer Girls Basketball Program, its coaches and Board of Directors, the facility where events are taking place, and any other unnamed organization, their employees, agents, and representatives working to organize and operate this program.
- I recognize that additional restrictions or policies may be added or modified (with little to no notice) in accordance with CDC guidelines, facility requirements or other governmental mandates, regulations or laws.

Participant Name: \_\_\_\_\_

Date: \_\_\_\_\_

Participant's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent/Legal Guardian Name(s): \_\_\_\_\_

Signature of Parent/Legal Guardian: \_\_\_\_\_